



Integral University, Lucknow

Effective from Session: 2022-23

Course Code	A060103T/HP111	Title of the Course	India's Freedom Struggle and Constitutional Growth of India.	L	T	P	C
Year	Ist	Semester	Ist	3	1	0	4
Pre-Requisite	Intermediate	Co-requisite	None				
Course Objectives	After the successful completion, learners will develop following attributes.						

Course Outcomes

CO1	This syllabus helps students to understand the idea of Nationalism
CO2	It also discusses that how the colonial rule was overthrown by the Indian Nationalists.
CO3	It will enable the students to understand the role of India in World Affairs.
CO4	Students will also be able to understand the contributions of our great freedom fighters in Independence of India.
CO5	Students will also get familiar with the important events of national movement that led growth and development of India's Constitution.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	British Colonial rule and National Awakening	Beginning of British colonial rule in India: East India Company (1773-1857) Indian Mutiny: Causes and Consequences Indian Government Act 1858: Provision and Significance	12	CO1
2	Origin, Growth and Development of Indian National Movement	Formation of Indian National Congress: Objectives and Achievements, Causes for the rise of radicals/extremists, Partition of Bengal, Formation of Hindu Mahasabha & Muslim League. The Government of India Act of 1909, World War I and its impact Home Rule League.	12	CO2
3	Gandhi and Mass Mobilisation	Emergence of Mahatma Gandhi - Tools of mobilization - Satyagraha and Non-violence Early Satyagrahas- Champaran Movement Government of India Act, 1919- Jallian Wala Bagh and The Non - Co-operation Movement - The Khilafat Movement, Chauri-Chaura Incident	12	CO3
4	Rise of National Movement	The Swarajist Party-The Simon Commission -The Nehru Report - Fourteen Points of Jinnah, Lahore Congress- The Civil Disobedience Movement Round Table Conferences 1930 - 32- Constitutional Changes - 1935 Act	12	CO4
5	Towards Independence	The Left Movement - Labour and Peasant Movements, Second World War -Quit India Movement- Netaji Subhash Chandra Bose and the INA- Two Nation Theory - Communalism -Cripps Mission - Cabinet Mission - Mount Batten Plan - Indian Independence Act.	12	CO5

Reference Books:

Bipan Chandra, India's Struggle for Independence, Penguin Books (Latest Edition).

Percival Spear, Oxford History of India, New Delhi, 1974.

Sumit Sarkar, Modern India (1885 - 1947), Delhi, 1983.

Bipan Chandra, Amal Tripathi, and Barun De, Modern India, New Delhi. 1976.

e-Learning Source:

<https://swavam.gov.in/>

<http://www.ignou.ac.in/>

[Coursera](#)

[UGC CEC](#)

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	3	3	3	2	2	1	2	3
CO2	3	2	3	2	3	2	1	1	2	3
CO3	2	2	2	3	3	1	3	3	3	2
CO4	1	2	3	3	3	1	1	2	3	2
CO5	3	2	1	1	1	3	3	3	3	1

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Name & Sign of Program Coordinator	 Sign & Seal of HoD Humanities & Social Science Integral University, Lucknow
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Integral University, Lucknow

Effective from Session: 2022-2023							
Course Code	A060101T/H P109	Title of the Course	Indian National Movement & Constitution of India	L	T	P	C
Year	Ist	Semester	Ist	4	0	0	4
Pre-Requisite	Intermediate	Co-requisite	None				
Course Objectives	After successful completion, students will learn about the role of the Indian freedom fighters and constitutional growth in India.						

Course Outcomes	
CO1	To develop a general understanding of Indian National Movement.
CO2	To discuss the basic concepts of constitutional development and citizenship.
CO3	To discuss fundamental rights and duties.
CO4	To discuss conflict between fundamental rights and DPSP
CO5	To understand the political setup of the union government.
CO6	Acquaintance to the political setup of a state.
CO7	To provide an overview of Indian judicial system.
CO8	Understanding about centre and state relationships.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Beginning and Development	Beginning, Development and The Political Trends in The Indian National Movement.	08	CO1
2	Stages Of Constitutional Development	Stages Of Constitutional Development, Making of The Constituent Assembly, Philosophy of Indian Constitution, Citizenship.	10	CO2
3	Fundamental Rights:	Human Rights: Fundamental Rights, Fundamental Duties, Directive Principles of State Policy.	10	CO3
4	Major Amendments	History of Conflict Between Fundamental Rights & Directive Principles, Process of Amendment, Concept of Basic Structure of Constitution: Major amendments and effects.	08	CO4
5	Union Executive	Union Executive & Union Legislature President, Cabinet, Prime Minister Lok Sabha and Rajya Sabha, Speaker: Roles and Responsibilities.	06	CO5
6	State Executive	State Executive & Legislature: Powers, Functions and The Relationship Between the Governor & Chief Minister, The Legislative Assembly, The Legislative Council.	04	CO6
7	Judiciary	Judiciary: Composition, Powers & Jurisdiction of Supreme Court, High Court, District Court. Study of notable cases.	06	CO7
8	Centre-State Relations	Centre-State Relations: Administrative, Legislative & Financial, Special Provisions for Tribal Areas And N-E, Composition, Function and Power of Election Commission.	08	CO8

Reference Books:	
1.	Abbas H, Alam M.A. & Kumar R (2011) 'Indian Government & Politics' Dorling Kindersley Pearson Pvt. Ltd. India
2.	Basu D. (2012) 'Introduction to the Constitution of India' Lexis Nexis New Delhi (English & Hindi)
3.	Bhargava (ed.) 'Politics & Ethics of the Indian Constitution' Oxford University Press New Delhi
4.	Biswal Tapan (2017) 'Bharatiya Shasan Samvaidhanik Loktantra aur Rajneetik Prakriya' Orient Blackswan New Delhi
5.	Chaube S. (2009) 'The Making & working of the Indian Constitution' National Book Trust, New Delhi
e-Learning Source: https://www.constitutionofindia.net/constitution_assembly_debates	
https://onlinecourses.nptel.ac.in/noc20_lw03/preview	

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	3	3	3	3	3	3	2	2	2	1	2
CO2	3	2	3	2	3	3	2	2	1	1	2
CO3	2	2	2	3	3	3	1	1	3	3	3
CO4	1	2	3	3	3	3	2	1	1	2	3
CO5	3	2	1	1	1	3	3	3	3	3	3
CO6	3	3	3	3	3	3	3	2	2	2	2
CO7	3	3	2	3	2	3	3	3	2	2	2
CO8	2	1	3	2	1	3	2	3	1	2	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Name & Sign of Program Coordinator	 Sign & Seal of HoD
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Head
Humanities & Social Science
Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2022-2023							
Course Code	A060102P/ HP110	Title of the Course	Awareness of Rights & Laws	L	T	P	C
Year	Ist	Semester	Ist	0	0	2	2
Pre-Requisite	Intermediate	Co-requisite	None				
Course Objectives	After successful completion, students will aware about their rights given by the Indian constitution and laws to protect them.						

Course Outcomes	
CO1	This paper intends to aim the students with basic digital and legal awareness where by student can leverage this in the job market and to make them aware of their basic legal rights which would help them to stand up and help others.
CO2	To let them know the rights and duties as a citizen of the state and to make them understand the essence of the Indian constitution through this paper.
CO3	To let the students understand the relation between various aspects of the constitution and to understand the various institutions helped in making system smooth and clean.
CO4	Acquaintance to the government's policies and programmes for the development through practical.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Equality and Freedom	Preamble of the Indian Constitution, Equality Before Law and Equality of Opportunity, Freedom of Speech and Expression and Right to Dissent, Cyber Crime, State & Cyber security.	08	CO1
2	Rights and Obligations	Rights And Obligations, Right to Education, Right to Practice Religion, Correlation Between Rights and Duties, Justiciability of Fundamental Rights, Digital Empowerment through social networking sites, Citizen's Charter.	08	CO2
3	Universal Human Rights	Gender sensitivity, Unity in Diversity, State and Government, Nation Building, Affirmative Action, Universal Human Rights.	08	CO3
4	Govt. Policies and Campaigns	Govt. Policies and Campaigns: Practical Teachings, Right to Information, Lokpal (Ombudsman). Central Vigilance Commission, Central Bureau of Investigation.	06	CO4

Reference Books:

1. Khosla, Madhav, et al. 2016. The Oxford Handbook of the Indian constitution. New Delhi: OUP
2. Basu D. (2012) 'Introduction to the Constitution of India' Lexis Nexis New Delhi (English & Hindi)
3. Bhargava (ed.) 'Politics & Ethics of the Indian Constitution' Oxford University Press New Delhi
4. Biswal Tapan (2017) 'Bharatiya Shasan Samvaidhanik Loktantra aur Rajneetik Prakriya' Orient Blackswan New Delhi

e-Learning Source: <https://www.india.gov.in/topics/law-justice>

<https://www.india.gov.in/topics/law-justice>

<https://egvankosh.ac.in/handle/123456789/57861>

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	2	3	3	3	3	2	3	2	2	2	2
CO2	3	3	3	2	3	3	2	2	1	1	2
CO3	2	2	2	2	3	2	1	1	3	3	3
CO4	1	2	3	3	3	3	2	1	3	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Name & Sign of Program Coordinator	 Sign & Seal of HoD
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Head
Humanities & Social Science
Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2022-23							
Course Code	Z010101T	Title of the Course	Food, Nutrition, and Hygiene	L	T	P	C
Year	I st	Semester	I st	2	0	0	2
Pre-Requisite	Intermediate	Co-requisite	None				
Course Objectives	To learn the basic concept of food, nutrition, hygiene, and common diseases prevalent in society along with 1000 days nutrition concept						

Course Outcomes	
CO1	To learn the basic concept of the Food and Nutrition, and meal planning
CO2	To learn about macro and micronutrients and their RDA, sources, functions, deficiency, and excess.
CO3	To learn 1000 days Nutrition Concept and study the nutritive requirement during special conditions like pregnancy and lactation.
CO4	To study common health issues in the society and to learn the special requirement of food during common illness.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Concept of Food and Nutrition	(a) Definition of Food, Nutrients, Nutrition, Health, balanced Diet (b) Types of Nutrition- Optimum Nutrition, under Nutrition, Over Nutrition (c) Meal planning- Concept and factors affecting Meal Planning (d) Food groups and functions of food	8	CO1
2	Nutrients: Macro and Micro RDA, Sources, Functions, Deficiency and excess of	(a) Carbohydrate (b) Fats (c) Protein (d) Minerals Major: Calcium, Phosphorus, Sodium, Potassium Trace: Iron, Iodine, Fluorine, Zinc (e) Vitamins (Water soluble vitamins: Vitamin B, C), (Fat soluble vitamins: Vitamin A, D, E, K) (f) Water (g) Dietary Fiber	7	CO2
3	1000 days Nutrition	(a) Concept, Requirement, Factors affecting growth of child (b) Prenatal Nutrition (0 - 280 days): Additional Nutrients' Requirement and risk factors during pregnancy (c) Breast / Formula Feeding (Birth – 6 months of age) Complementary and Early Diet (6 months – 2 years of age)	8	CO3
4	Community Health Concept	(a) Causes of common diseases prevalent in the society and Nutrition requirement in the following: Diabetes Hypertension (High Blood Pressure) Obesity Constipation Diarrhea Typhoid (b) National and International Program and Policies for improving Dietary Nutrition (c) Immunity Boosting Food	7	CO4

Reference Books:

- Singh, Anita, "Food and Nutrition", Star Publication, Agra, India, 2018.
- Sheel Sharma, Nutrition and Diet Therapy, Peepee Publishers Delhi, 2014, First Edition.
- 1000Days-Nutrition_Brief_Brain-Think_Babies_FINAL.pdf
- <https://pediatrics.aappublications.org/content/141/2/e20173716>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5750909/>

e-Learning Source:

<https://www.udemy.com/course/internationally-accredited-diploma-certificate-in-nutrition> Diploma in Human Nutrition-Revised Offered by Alison

Course Articulation Matrix: (Mapping of COs with POs and PSOs)										
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	1	1	1	2	2	2	3	3	2	2
CO2	1	1	1	3	2	2	3	3	2	2
CO3	1	1	1	3	3	3	3	1	1	2
CO4	1	1	3	3	3	3	3	3	2	3

1-Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

<p><i>Dr Vandana Mishra</i> <u>Vandana</u> Name & Sign of Program Coordinator</p>	<p><i>Zeba Azeem</i> Sign & Seal of HoD</p>
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Humanities Head
Humanities & Social Science
Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2022-23							
Course Code	B150101T/BM186	Title of the Course	Fundamentals of Management	L	T	P	C
Year	First	Semester	First	3	1	0	4
Pre-Requisite	None	Co-requisite	None				
Course Objectives	The course objective is to make students undergo the effective use of principles of management and also learn the effective methods of management and its principles.						

Course Outcomes	
CO1	To demonstrate management this combines the features of both science and art.
CO2	To enable the students to learn various function of management.
CO3	To explain the various this laid the foundation of management.
CO4	To examine the importance of the planning, Organizing & Control.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction of Management	Introduction and Nature of Management, Definition & Meaning, Management as an Art, Science and Profession, Distinction between Administration and Management, Importance & Functions of Management.	15	CO1
2	Evolution of Management	Evolution of Management- Thought, Pre-Scientific Management era, Scientific Management & Contribution of F. W. Taylor, Process Management & contribution of Henri Fayol, HR movement - Hawthorne experiments.	15	CO2
3	Planning and its feature	Nature & Definition of Planning, Importance and limitations Planning process, Types of Plans- on the basis of use, functions, time (meaning only), Meaning of Decision making, Steps in decision making.	15	CO3
4	Organizing and its effect	Meaning & Definition- Organizing - Nature, Purpose & Principles, Types of Organization (Formal & Informal), Types of Authority relationships- Line, Functional, Line& staff. Controlling: Concept, Types of Control, Methods: Pre-control: Concurrent Control: Post control	15	CO4

Reference Books:	
	Koontz & Weirich Essential of Management, TMH, Mar22
	Griffin, Texas A & M University, Cengage Publication, Edition Mar2013.
	Chuck Williams, Butler University, Principle of Management, Cengage Publication Latest edition Jan 2013
	Ron willson, Texas A&M University, Cengage Publication, Edition Mar2015.
	Koontz & Weirich Essential of Management, TMH, Mar21
e-Learning Source:	
	Principles of Management - I, IIT Kanpur, Prof. Raghunandan Sengupta - NPTEL
	Management and Organization, Dr. N.Venkateshwarlu Indira Gandhi National Open University- SWAYAM
	Principles of Management, Prof. Susmita Mukhopadhyay, Prof. S. Srinivasan, IIT-Kharagpur via Swayam
	Principles of Management, Prof. Usha Lenka, IIT Roorkee via Swayam

Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	1	1	1	2	2	1	1	1	1	1	1
CO2	1	1	1	2	1	1	1	1	1	1	1
CO3	2	2	2	1	1	2	1	2	1	2	1
CO4	2	1	1	2	1	2	1	1	1	1	1

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

<p style="text-align: center;">Name & Sign of Program Coordinator</p> <p style="text-align: center; font-size: 1.2em;"> Dr. MOIZ AKHTAR </p>	<p style="text-align: center;">Sign & Seal of HoD</p>
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Integral University, Lucknow

Effective from Session: 2022-23							
Course Code	HUV101	Title of the Course	Psychology of Health and Wellbeing (Vocational)	L	T	P	C
Year	I	Semester	I	4	0	0	4
Pre-Requisite	10+12	Co-requisite					
Course Objectives	<ul style="list-style-type: none"> To develop the concept and definition of health, explain the perspectives of health and Knowledge about psychological health. Basic concept of structures and functions and process to describe the psychology of health - illness, well-being of varied perspectives, and will be able to apply them in their own and in others' lives. Provide Insights to the learner a clear understanding of the concepts like health, illness, Physical and mental health. Structuring the goals to describe, explain, predict and change the behavior. 						

Course Outcomes	
CO1	Basic Understanding, Perspective & dimensions of Physical and Mental Health, health, Concept & facets of Wellbeing and Relation between health and well-being.
CO2	Basic knowledge of structural and functional, Concept of holistic health, its principles and importance, Misconceptions about holistic health approach. Indian, Western & Eastern Perspective on Health.
CO3	Basic tools of Medical, Holistic, Biopsychosocial, Social model of Health and Illness. Enriching Wellbeing. Advantages and disadvantages of Biopsychosocial model, Biomedical model v/s Bio-Psychosocial model.
CO4	Enhancement of mental health and Identification of Physical and Mental Health Physical Illness Experiences, Illnesses Related to Food, Diet, Obesity. Problems Related to Sexual Health. Acute and Chronic Pain, Chronic Illnesses, Depression. Anxiety. Psychosomatic Illnesses, Substance Use

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Health and Wellbeing:	Concept and Definition of Health (Physical and Mental Health), dimensions of health, Historical Perspective of Mental Health, Cross-cultural Perspectives of Health, Concept of well-being, Various facets of well-being, Relation between health and well-being.	15	1
2	Cross-Cultural Perspectives On Health:	Concept of holistic health, its principles and importance, Misconceptions about holistic health, approach. , Western Perspective, Eastern Perspective on Health, Indian Perspective on Health	15	2
3	Models of Health and Illness:	Illness: Medical Model of Health and Illness. Holistic Model of Health, Biopsychosocial Model, Social Model of Health, Concept of Wellbeing. Advantages and disadvantages of Bio psychosocial model, Biomedical model v/s Bio-Psychosocial model.	15	3
4	Identification of Physical and Mental Health:	Physical Illness Experiences, Illnesses Related to Food, Diet, Obesity. Problems Related to Sexual Health. Acute and Chronic Pain, Chronic Illnesses, Depression. Anxiety. Psychosomatic Illnesses, Substance Use.	15	4

Reference Books:

- Brockovich, E. (1993). Health and illness-related cognitions among Brazilian students: a cross-cultural contribution (Doctoral dissertation, University of Southern California).
- Hahn, D. B., Payne, W. A., & Mauer, E. (1991). Focus on health. Mosby Year Book.
- Ojha, S, Srivastava. U.R, Joshi. S (2010). Health and Well-Being Emerging Trends: New Delhi, first edition: Global Vision publishing Co. Pvt. Ltd.
- Silva, P. (2005). An introduction to Buddhist psychology. Springer.
- Beauchamp. T., Childress J., (1979) Principles of Biomedical Ethics. New York, Oxford University Press
- Galotti, K.M. (2014). Cognitive Psychology: In and Out of the Laboratory (5th ed.). New Delhi: Sage.
- Suggestive digital platforms web links-<http://heecontent.upsdc.gov.in/Home.aspx> <http://www.apa.org>

e-Learning Source: Suggestive digital platforms web links- Egyankosh, NCERT

PO- PSO CO	PO1	PO2	PO3	PO4	PSO1	PSO2	PSO3	PSO4
CO1	2	3	3	2	3	2	2	1
CO2	3	2	2	3	2	3	2	3
CO3	3	2	2	2	2	3	2	2
CO4	2	2	3	2	3	2	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Name & Sign of Program Coordinator	 Sign & Seal of HoD
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Head
Humanities & Social Science
Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2022-23							
Course Code	A050102T/HH 108	Title of the Course	Minor Elective Course- Freedom fighter-M. K. Gandhi (Minor)	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	10+12	Co-requisite	None				
Course Objectives	Students will get acquainted with the life of some great personalities of India who worked for the country without any of expectation that they will be remembered like this.						

Course Outcomes	
CO1	To make the students aware of Gandhiji's Life and his early Career
CO2	To make the students aware of Gandhian ideology and the freedom movement
CO3	To make the students aware of Fundamental concepts in Gandhian Thought
CO4	To make the students aware of Gandhiji's struggle to achieve India's Freedom
CO5	Inculcate patriotism among students

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Biography	Birth and parentage - Childhood – Tragedy stealing and atonement, Glimpses of religion – preparation for England – Acquaintance with religions – Barrister, South Africa - Pretoria event – some Experiences, National Indian Congress- The three-pound tax. - Comparative study of religions – In India.	12	1
2	Gandhian Ideology and freedom movement	Gandhi and freedom movement non – violence and freedom. Gandhi and nationalism, social reformation and freedom – American freedom movement. Gandhi and revolution – equality, Human rights, and Gandhi. French revolution. Gandhi and communist revolution Gandhi and Marx. Gandhi and capitalism. Gandhi and the Indian freedom movement – Non – co – operation, Civil disobedience, and Satyagraha	12	2
3	Fundamental concepts in Gandhian thought	Sadhya-sadhana Shuchita- Meaning of the term, Emphasis on the purity of means and its relevance in day-to-day life. Ahimsa- Meaning of the concept, Ahimsa as a means in dealing with conflict and its importance today. Satya- Meaning and explanation, Experiments of Satyagraha in the Indian freedom struggle and its relevance in today's world	12	3
4	Social economic problems and Gandhi	Gandhi as a social reformer unsociability. Problem of hierarchical society and Gandhian views of equality. Gandhian economics – Swadeshi. Small scale, cottage and village industries. Gandhi and modern technology.	12	4
5	Presentation on Mahatma Gandhi	Presentation on Mahatma Gandhi Preparation of PPT & Presentation on Mahatma Gandhi	12	5

Reference Books:

Bhave, Vinoba. SwarajSastra. Akhil Bharat Sarva-Seva-Sangh Pub., 1955.

Dalton, Dennis. Mahatma Gandhi: Nonviolent power in action. Columbia University Press, 2012.

Fischer, Louis. The essential Gandhi: his life, work, and ideas: an anthology. Random House Inc, 1962.

Fox, Richard Gabriel. Gandhian utopia: Experiments with culture. Boston, MA: Beacon Press, 1989.

Gangal, Anurag. "The Gandhian concept of Human security and peace." 2007.

Vinoba. SwarajSastra. Akhil Bharat Sarva-Seva-Sangh Pub., 1955.

angurde, K.D. "Gandhi's Autobiography: Moral Lessons", Gandhi Smriti and Darshan Samiti, New Delhi.

Gandhi, Mahatma. Towards new education. Ed. Bharatan Kumarappa. Ahmedabad: Navajivan Publishing House, 1953.

Gandhi, Mahatma. Village swaraj. Ahmedabad: Navajivan Publishing House, 1963.

Gandhi, Mohandas Karamchand. Village industries. Ahmedabad: Navajivan Publishing House, 1960.

Gandhi, M. K., and Jitendra T. Desai. "Ruskin: Unto This Last." A Paraphrase, translated from the Gujarati by Valji Desai (Ahmedabad: Navajivan, 1989) (1956).

Gandhi, Mohandas Karamchand. Trusteeship. Navajivan Publishing House, 1960.

e-Learning Source: Suggestive digital platforms web links- Egyankosh, NCERT

PO- PSO CO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4
CO1	3	2	3	3	3	2	3	1	2
CO2	3	3	3	3	3	2	2	3	2
CO3	3	3	3	3	3	2	2	3	2
CO4	3	3	2	2	3	2	1	2	3
CO5	3	3	2	3	3	2	2	2	3

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 Anil Kumar Singh Name & Sign of Program Coordinator	 Zeba Anil Sign & Seal of HoD
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Head
Humanities & Social Science
Integral University, Lucknow